



# DESTINATION:

## Riviera Maya, Mexico



## ABOUT ETÉREO AN AUBERGE RESORT

Effortlessly floating over a forest of lush greenery in the luxury Kanai development, facing the unspoiled white sand beaches of the Caribbean

### Ethereal Oceanfront Retreat

Etéreo — meaning ethereal, something spiritual and heavenly — invites you to visit and explore the cycle of renewal of that which enriches life: relationships, inspiration, connection to nature, senses, rhythm, and appreciation. Freed from the distractions of modern life, the celestial experience that defines Etéreo stems from Mayan philosophies and is landmarked by three pillars — extraordinary cuisine, breathtaking encounters with nature and beaches, and an Auberge Spa that facilitates rejuvenation in every sense of the word. Set in the peaceful luxury Kanai development and against a backdrop of work by celebrated Mexican artist Manuel Felguérez, this luxurious property's symbology and inherent spirituality permeate.

### DINING

#### EMBARK ON A MAYAN JOURNEY VIA TECHNIQUE AND FLAVOR

The culinary program at Etéreo celebrates renewal throughout the journey. With menus built to connect, native ingredients are utilized to pique interest in the flavors of Mexico for both locals and visitors alike. Keeping discovery at the forefront, close relationships with our local farmers, fishermen and food suppliers enable the chefs to source and showcase the season's best.

### ITZAM

The intoxicating smell of freshly made tortillas and fire-roasted corn, being made throughout the day on the life-size wood-fired comal, welcomes diners into Itzam. Inspired by Mayan tradition but with a contemporary approach, Itzam's menu is conscientiously focused on local products that are both sustainable and organic. Community and convivial experience are encouraged through sharing plates, enticing guests to experience an abundance of unexpected flavors.

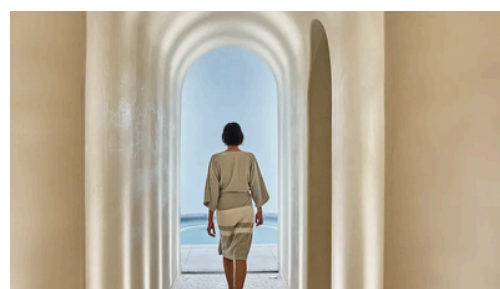
### EL CHANGARRO

El Chagarro is lively, local, in-the-sand dining. Open for lunch; the menu focuses on the daily local catch served in myriad ways – as ceviche, tacos or simply grilled and accompanied by market vegetables. Guacamole, daily tortas, Mexican session beers and fresh juices make for complementary additions.

### CHE CHE

Inspired by the pairing of Japanese techniques with Mexican ingredients – Che Che translates to something 'cool,' encapsulating the unique vibe of this outdoor restaurant. Japanese flavors and techniques are explored through local ingredients, forming a shareable menu that is light and fun. Featuring Japanese tacos, sushi with local catches, and various plates from spring rolls, tataki, and striped bass, this is casual and flirtatious food that never tires and is best enjoyed communal-style, alfresco.





# ADVENTURES AND WELLNESS

Celebrating the vibrancy of the Riviera Maya's culture and rich history, while embracing the tranquil spirit of this Caribbean coastline, experiences at Etéreo are designed to enliven senses through discovery and renewal. We have curated this program just for you, inviting you to expand your horizons, that inspire and challenge the realm of your familiarity.

## EXPERIENCES

Golf at El Camaleón Mayakoba: A Greg Norman Designed Masterpiece OR  
El Tinto Golf Club at Cancun Country Club - a Nick Price Designed Course  
Nature Walk & Photography Class  
Sana Tarot Card Reading & Meditation  
Guided Meditation and Sound Bath  
Cooking Class and Spirits Classes  
Explore the Cenotes and Natural Wonders of Riviera Maya  
Spiritual Jewelry Workshop  
'Feast of Flavors' Culinary Experience  
Journey to the Lost Cities and Civilizations of the Yucatan Peninsula  
Sabores Cooking Class  
Sailing, Paddleboarding & Snorkeling

## WELLNESS

### WELLNESS AT ETÉREO A Refuge for Wellness Seekers

Jungle-like flora and fauna welcome guests to SANA, an Auberge Spa. Soothing natural stone and pebble flooring creates a serene atmosphere, inviting visitors on a cultural journey of wellness with the opportunity to renew their unique rhythm and find their center once more. From rotating classes to daily rituals to a schedule of curated retreats, intuitive wellbeing programming combines ancient Mayan beliefs and techniques with emerging and effective wellness trends from Mexico and beyond.

### MIND AND BODY PROGRAMMING

Daily programming, visiting practitioners, and fitness classes complement the experience of this sacred sanctuary for mind, body and spirit. Outside the spa, traditional bodywork takes place on a magical floating massage deck and is inspired by immemorial ingredients and practices. A few of our featured classes include:

SANA Tarot (Therapeutic Tarot)  
Sensorial Sound Healing  
Vinyasa Yoga  
TRX Suspension Training